



*Better care coordination
should be this simple.*

Minnesota Physician Practice Saves \$2.6M Annually Through Device-Free Remote Monitoring, CMS Demonstration

Results from the Centers for Medicare and Medicaid Service's (CMS) Medicare Physician Group Practice (PGP) demonstration demonstrate that device-free technology-based remote monitoring can reduce hospital re-admission rates, improve care and save money.



One of ten participating physician groups, Park Nicollet Health Services, an integrated delivery system headquartered in Minneapolis, Minnesota that encompasses 25 physician care sites and more than 700 affiliated physicians, implemented the program to enhance the reach, effectiveness and efficiencies of its current programs for patients with chronic care conditions such as congestive heart failure.

In less than one year into the program, the Park Nicollet team was managing close to 500 patients and began seeing reductions in 30-day readmission rates and the total number of discharges for individuals with heart failure. Working with Pharos Innovations, a pioneer in assisting clients to achieve next generation clinical and financial performance improvement through a device-free remote monitoring platform, allowed Park Nicollet to seamlessly integrate a flexible, easy-to-use solution that encouraged physician and patient engagement.

Results

Third-party validated results include:

- ▲ Between 40-50 averted hospital admissions each month
- ▲ Medical cost savings for Medicare of \$2.6+ million annually
- ▲ 59% reduction in hospitalization of enrolled heart failure patients

Implications

The success of this program suggests that seamlessly integrating this new approach to care management into other health improvement efforts involves patients in their care, promotes wellness and can improve the efficiencies, effectiveness and reach of population health programs. The Park Nicollet team is the recipient of many national, state and professional association awards for commitment to excellence of care delivery, promoted through lean production methods.

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